

About OUR Social Groups

ORS social groups are carefully crafted to provide a secure environment where people can connect with peers while receiving guidance from practitioners who specialise in paediatrics. The main objective is to facilitate social interactions and foster a sense of community among individuals who share a common interest.

What is Jump and Bounce Group?

In Jump and Bounce we explore what our bodies can do through gross motor challenges and tricks.

We focus on:

- > Problem solving including developing strategies and asking for help
- > Partner work and how we communicate with our partner if we are ok or not
- > Motor planning as we learn new patterns of movement
- > Matching our energy level to the task we are trying to do

Suitable for:

School-aged children
7-10 years.

When:

Session 1:

Tuesday, 23rd September
1:00pm - 3:00pm

Session 2:

Friday, 25th September
1:00pm - 3:00pm

Where:

ORS Pakenham

3 Rogers St,
Pakenham, VIC 3810

Cost:

\$711.29 (2 sessions)

Book



Scan to Register

or head to orsgroup.com.au/social-groups

**Registrations
Close 12th September 2025**

