ORS Jump and Bounce Social Seroup

About OUR Social Groups

ORS social groups are carefully crafted to provide a secure environment where people can connect with peers while receiving guidance from practitioners who specialise in paediatrics. The main objective is to facilitate social interactions and foster a sense of community among individuals who share a common interest.

What is Jump and Bounce Group?

In Jump and Bounce we explore what our bodies can do through gross motor challenges and tricks.

We focus on:

- > Problem solving including developing strategies and asking for help
- > Partner work and how we communicate with our partner if we are ok or not
- > Motor planning as we learn new patterns of movement
- > Matching our energy level to the task we are trying to do

Suitable for:

School-aged children **5-12 years**.

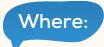


Session 1:

Wednesday, 16th July 1:30pm - 3:30pm

Session 2:

Friday, 18th July 1:30pm - 3:30pm



ORS Pakenham

56 Main St, Pakenham, VIC 3810



\$479.24 (2 sessions)





or head to orsgroup.com.au/social-groups

Registrations
Close 23rd June 2025



