



# Key Worker Early Childhood Supports



Visit one  
of our offices  
or we can  
come to you.

At ORS we believe in a holistic approach to early childhood development. Our team of Early Childhood Professionals comes from a variety of professional backgrounds including Psychology, Occupational Therapy, Speech Pathology, Physiotherapy, and Specialist Teachers. All our Early Childhood Professionals are registered with their respective governing bodies.

Key Worker Early Childhood Support provides early intervention therapy and learning support to maximise a child's potential in the early years (birth- 9 years) and can be funded through the NDIS or privately.

We aim to simplify therapy, by providing the right support at the right time. We do this through the use of a Key Worker (sometimes referred to as a Lead Practitioner). So you are supported by a team but have a single point of contact.

Our Key Workers will use their expertise in childhood development to develop a tailored support plan that addresses the family's goals. They will then link with the interdisciplinary team to collaborate to

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## We can support goals across a wide range of areas including:

- Communication
- Play
- Mobility
- Feeding
- Self-care activities
- Sensory processing
- Relationships with peers
- Feelings and behaviours
- Problem-solving and learning
- Transition to school





create a comprehensive and personalised approach to meet the child and family's specific needs. These plans include recommendations for community support and where appropriate advocate for NDIS-funded support.

### ORS Key Workers

The Key Worker approach is recommended by the NDIS and is best practice when supporting young children and families.

Key Workers use a routine-based approach to understanding a family's unique strengths and challenges. They will work with the family and their network to implement strategies that fit within the child's usual routines and environments because we know that this is where children learn best!

We will work closely with the people the child spends the most time with (e.g. family members, early education staff, and teachers) to build therapy strategies into daily activities.

**Early Childhood Support services can be funded by the National Disability Insurance Scheme (NDIS) and privately.**

**Support Categories that may cover these services:**

- Improved Daily Living: Early Childhood Supports
- Privately paid

### Benefits of having a Key Worker:

- Research shows that families benefit from having one main therapist whom they trust.
- They develop and prioritise goals with the family and simplify the support to achieve them.
- They develop a therapy plan that addresses all areas of development and focuses on supporting both the child and the family.
- Improved outcomes due to the collaboration of the therapy team.
- Simplify communication for families by having one key point of contact with the therapy team.
- Supports the family through capacity building to maximise the impact of therapy.
- Reduces the number of therapists working directly with your child.
- Maximises therapy time by reducing overlapping or duplication of supports.
- Maximises your budget by reducing time spent on indirect supports such as report writing.

