



## Is your child ready for school?

Our engaging, four-session program has been carefully designed by a team of speech pathologists, occupational therapists, and early childhood clinicians. The program supports children aged 4-5 years in developing the essential skills needed for a smooth transition to school.

Through a combination of speech therapy, occupational therapy, social skills development, motor coordination, and school readiness activities, we'll help your child feel confident, capable, and ready for the challenges of school life.

The goal of our program is for children to practice essential skills for the school environment in a small group setting while receiving guidance from clinicians who specialise in working with young children.

## What is the School Readiness Group?

Our program follows a curriculum designed to help children prepare for school by exploring and practicing:

- > **Building vocabulary and language for school:** Understanding and using school-related words and phrases.
- > **Knowing how and when to ask for help:** Encouraging independence and effective communication in the classroom.
- > **Early literacy concepts:** Introducing the basics of reading, writing, and storytelling.
- > **Fine motor skills for tabletop activities:** Refining skills for writing, drawing, cutting, and using school supplies.
- > **Sharing and cooperation:** Developing the social skills needed for interacting with peers, including taking turns, sharing, and working in groups.
- > **Participating in group activities:** Building confidence in group settings and following group routines.
- > **Recognising and managing emotions:** Learning to identify emotions and practice strategies to cope with feelings.

### > Self-care and independence skills:

Preparing for school routines such as opening lunchboxes, managing jumpers, and learning sun safety.

If your child already has their school uniform, we'd love for them to wear it! It's a fun way to get into the school spirit and feel excited about their upcoming adventure.

## Suitable for:

Children aged **4 and 5** who are starting school in 2025.



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## ORS OFFICES AT: Lane Cove

- > Tuesday 14th January 9:30am-1130am
- > Thursday 16th January 9:30am-1130am
- > Tuesday 21st January 9:30am-1130am
- > Thursday 23rd January 9:30am-1130am



**\$1474.34**  
(4 sessions)



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Group sign up closes 20.12.2024

